



THE NAX INDEX

YOUR BAROMETER FOR NORTH AMERICAN
CROSS-BORDER FREIGHT CONDITIONS

TRAFFIX[®]

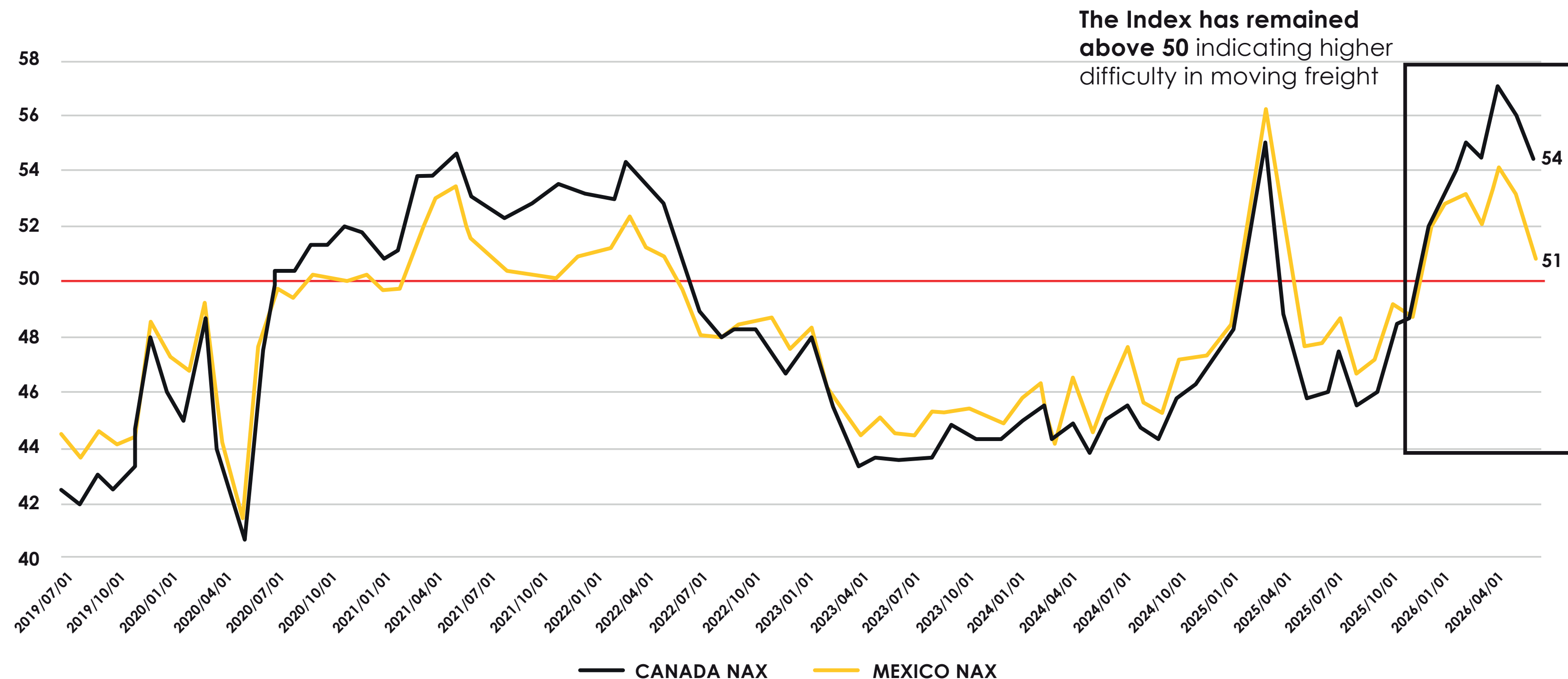
WWW.TRAFFIX.COM

WHAT IS THE NAX INDEX?

The **NAX Index** is a single score that tracks market pressure for moving freight across the U.S.–Canada and U.S.–Mexico borders.

The **NAX** weighs the impact of ~11 economic, freight and trade indicators to provide one signal. The NAX gives you a clear, composite view of market conditions so you can plan and act with confidence.

The NAX Index - June 2026



CANADA NAX: 55
MEXICO NAX: 51

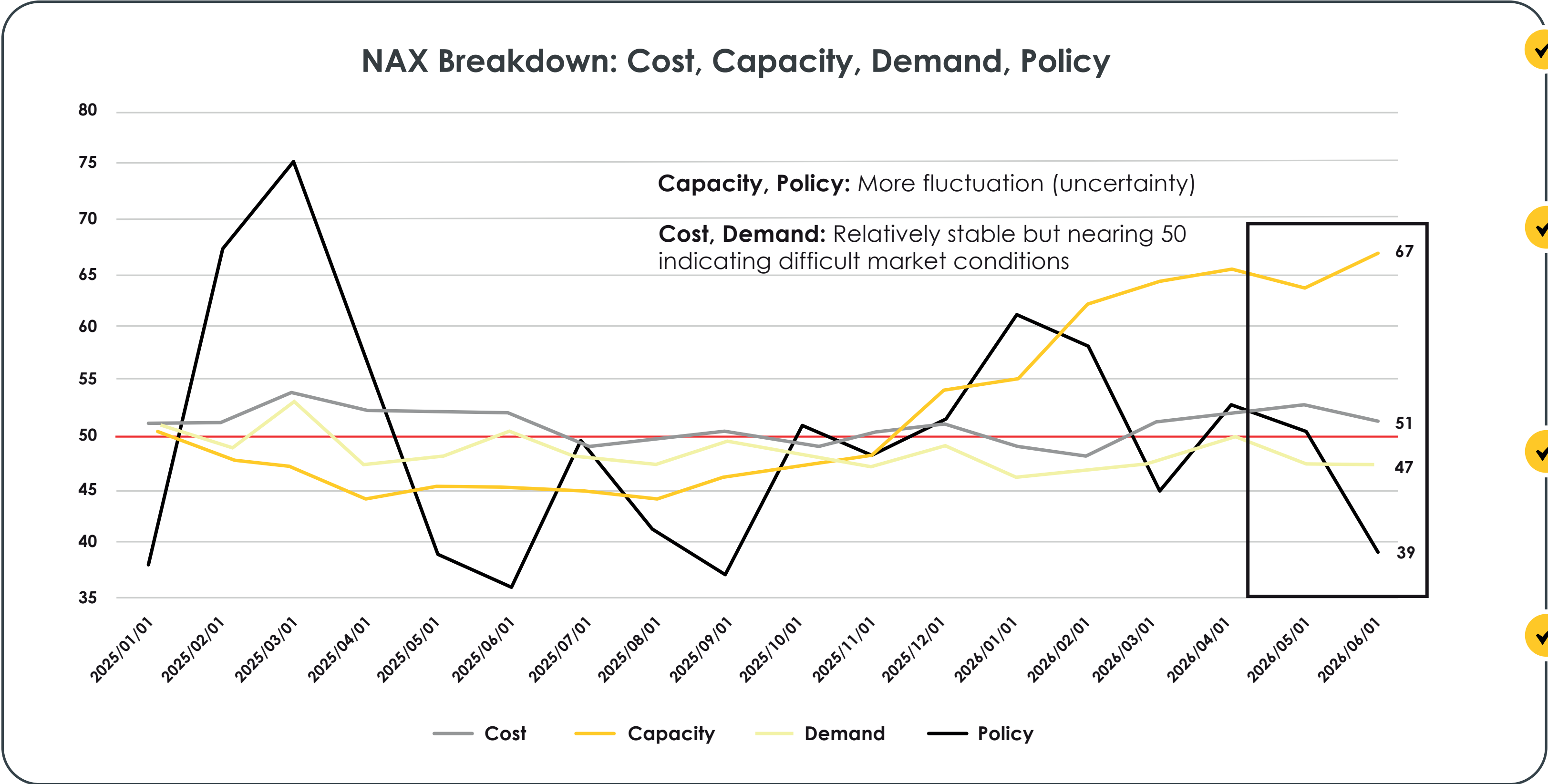
How to read:

- ✓ >50: tighter conditions (cost ↑, capacity ↓, regulatory challenges high)
- ✓ <50: looser conditions (cost ↓, capacity ↑, regulatory challenges low-medium)

[Read the Disclaimer](#)

COST, CAPACITY, DEMAND, POLICY

BREAKING DOWN THE 4 PILLARS OF THE NAX INDEX



Policy remains one of the most unpredictable parts of the market. Trade discussions, tariff activity, and changing regulations continue to create uncertainty around cross-border planning and pricing.



Capacity has moved well above 50 in recent months, showing that finding available trucks has become more difficult. This points to tighter conditions, where booking shipments may take more time and planning.



Costs started to move up again, driven by fuel pricing and carrier rate behavior. While cost movement has been more stable recently, pricing pressure continues across cross-border freight.



Demand has stayed close to the 50 mark, which means freight volumes have been steady. There is no major drop in shipments, but demand is not rising sharply.

WHAT THIS MEANS FOR COMPANIES SHIPPING BETWEEN MEXICO, THE US, AND CANADA?

- The index has moved above 50 and stayed there, indicating increased relative difficulty in cross-border shipping
- Trade policy activity remains elevated, adding an element of uncertainty

JUNE 2026 INSIGHTS

The market moved away from 'general tightening' toward capacity-driven difficulty.

- ✓ The NAX Index has stayed above 50, showing more difficulty in moving cross-border freight. **Capacity is the biggest pressure point right now**, with fewer trucks available in the market.
- ✓ Demand remains steady, with shipment volumes holding relatively stable. Costs are still elevated due to fuel and carrier pricing.
- ✓ **Trade and tariff activity continue to create some uncertainty** in planning and pricing.
- ✓ **Canada lanes remain tighter than Mexico**, especially around truck availability and shipment planning.

RECOMMENDATIONS

Cross-border freight conditions remain challenging, particularly from a capacity and planning perspective. Early coordination and proactive scheduling continue to be important.

- ✓ Add more lead time to cross-border shipments where possible.
- ✓ Secure truck capacity well in advance.
- ✓ Build additional buffer time into schedules for potential border or pickup delays.
- ✓ Prepare for continued pricing pressure as carrier costs remain elevated.
- ✓ Monitor Canada lanes closely, where truck availability remains tighter than Mexico.

WHEN TO CONSIDER ALTERNATIVE MODES

- **Time-sensitive freight:** Consider expedited services when shipment delays could impact delivery timelines or customer commitments
- **Cost-focused freight:** Consider intermodal rail options to help manage transportation costs on longer-haul freight

LET'S TALK ABOUT YOUR CROSS-BORDER SHIPPING

CONTACT TRAFFIX